

In-person Support Groups, Classes, and Activities

There are a multitude of offline/in-person support groups. Review the list below to find the group of your choice.

Support Groups

[Aging support groups](#)

[Alcoholics Anonymous](#)

[Alzheimer's support groups](#)

[Arthritis support groups](#)

[Bereavement support groups](#)

[Diabetes support groups](#)

[General caregiver support groups](#)

[Grief support, online groups](#)

[Heart disease support groups](#)

[Huntington's disease support groups](#)

[Medical/ Insurance issues](#)

[Parkinson's support groups](#)

[Visually Impaired support groups](#)

[Women's support groups](#)

[Online Caregivers Support Group](#)

[Online Bereavement Support](#)

Ongoing Classes and Activities

[Current and upcoming events](#)

[Accessible Adventures](#)

[Computer Classes](#)

[Free Blood-Pressure Screenings](#)

[Exercise Classes](#)

[Social Dancing](#)

[Flamenco Dancing](#)

[Swim Programs](#)

[Volunteers](#)

[Other Activities](#)

[Family](#)

Clinical Research

[Trials & Studies](#)